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Cutters Don't Cry (SoCal)



Synopsis

19-year-old Charity Graff engages in self-harm. More specifically she cuts herself to numb emotions. In a series of raw journal entries, the confused teenager writes to her estranged father, filling him in on what's happened in her life since he left her nearly 18 years ago. Throughout the course of her letter writing, Charity chronicles her penchant for cutting, a serious struggle with depression and her inability to vocally express her feelings.

Book Information

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Customer Reviews

Gives you a first person view of someone who self-harms.

This is a book intended for young adults, but I enjoyed it as a thirtysomething. It was easy to get through but did not talk down to readers. If you want to understand the pain that goes with cutting, this is the book for you.

Full review can be found @ [...]Cutters Don't Cry is an emotional story of a young woman, Charity, who engages in self-harm. For me, it's a difficult thing to read about due to struggles of my own. However, I find a sense of comfort with books that don't romanticize the issues people with depression deal with on a daily basis. This book is one of those. Though I feel this story would have

been a lot more engaging in a show-don't-tell type of style, it was still enjoyable and moving. As I've already said, I love that this book doesn't romanticize the issue. Mental illness is not something to be romanticized;... (more via website)

I really enjoyed it

I loved this book! I can't wait to start the next one about her old friend Kaylee. A definite read.

It was very predictable to me and just boring. I didn't like it and wouldn't recommend it.

In this YA novel we meet 19 year old Charity Graff, a girl who lives a life with no purpose or pleasure, with feelings of hopelessness. She uses a journal to write a series of letters to her father, describing her life since he left her and her mother when she was a baby. I can feel her pain as she puts down on paper the emotions she cannot express vocally. We see glimpses of her life before she withdrew from the world and see the beginnings of troubles in her constant strive for perfection. When Charity is overwhelmed with feelings she uses self harm to cope. Once, she reached out to her mom because she thought there was something wrong with her. Her mom told her to stop feeling sorry for herself because she doesn't have a real problem - like breast cancer. WOW, way to be supportive Mom! My breast cancer was a walk in the park compared to what this poor girl goes through. The book ends on an upbeat note as Charity gets the help she needs. She knows that she has a lifelong battle but is optimistic and looking forward to her future. Christine did an excellent job of drawing me in, like I said, I could really feel Charity's pain. This was very realistic, detailed and descriptive. It is well written with very well developed characters. I highly recommend this novel.

This is an interesting read involving the story behind cutters, self mutilation; the pain, anguish and sorrows involved. Charity Graff is the 19 year old protagonist of the story. Because she is unable to voice herself or reach her distant father, she writes her story to her father, perhaps hoping one day, he will read it. Very poignant story. Also read K S Michaels

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